Art at home!

Origami Hearts

Bored at home? Try origami. Origami is a versatile activity that people of all ages can do.

Origami is the art of folding paper, and is a traditional Japanese art or technique. “Ori-” means folding, and “-gami” means paper.

While there are plenty of complex figures one can make with paper, there are simple ones, too. Here is an easy tutorial on how to make origami hearts!

Materials:

- Sheet of paper OR origami paper, which is square and thinner than regular paper.
- Scissors.
- Optional: tape.

How to:

Gather your materials. If you don't have origami paper, cut your paper into a square. A 5x5 inch square was used in this tutorial, but smaller or larger squares work too.
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Fold the paper diagonally, then unfold it. Fold the paper diagonally again. Your paper will be divided into four even triangles.

Take the right side of the new shape and fold it so the pointed part is facing up. It will form half a heart.

Tuck the corners into the inside of the heart.

Take the top corner and fold it to the middle of the square. It should now resemble a diamond.

Do the same for the other side.

Add tape to help keep the heart shape.

Then, take the bottom corner and fold it up and over the previous fold.

Flip the heart over and fold the pointed parts at the top down. Fold the pointed ends on the sides in, then unfold them.

That's it! Have fun making origami hearts in different sizes and colors.

Feel free to decorate your hearts further, and share them with us on our social media pages @asuartmuseum. Stay tuned for our next origami activity, which will show you how to make a paper flower out of these paper hearts!