Art at home!

Make your own playdough!

Need something to keep your hands busy? This playdough recipe requires three ingredients you most likely already have: flour, salt and water.

Materials:

• Flour 1 cup.
• Salt ½ cup.
• Water ½ cup.
• Optional: washable paint or food coloring.
• Optional: glitter, cookie cutters.

How to:

1. Mix together in a medium bowl the flour and salt.
2. Gradually stir in water.
3. Mix together until you get a dough like consistency.
4. If your dough is sticky, add a little flour. If your dough is too dry, add a little water.
5. After some kneading, your dough should be ready! If you’d like to add some color, indent the center of the dough and fold in food coloring or washable non toxic paint. You can also add glitter! If you don’t want the paint or food coloring to stain your hands, you can mix them together in a plastic bag.
6. You can bake your creations at 200°F until they turn hard. Thin pieces can take 45 minutes but thicker pieces could take 2 or 3 hours. Every 30 minutes make sure you check on your pieces while they bake!

Safety: Children will need help operating the oven.